

This Week's Menu

Week commencing 14 July 2025



	Dishes		Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Monday	Gujarati chicken curry. Naan bread. Steamed basmati. Mint raita			X					X		X					X
	Kidney beans saag. Naan bread. Steamed basmati. Mint raita			X					X		X					X
Tuesday	Spaghetti beef bolognese. Mixed green salad. Garlic bread		X	X												
	Vegetables spaghetti bolognese. Mixed green. Garlic bread		X	X												
Wednesday	Chicken adobo bowl. Garlick fired rice. Fried egg			X		X								X	X	
	Tofu adobo bowl. Garlick fried rice. Fried egg			X		X								X	X	
Thursday	Nucleus Cafe BBQ 8 oz beef burger. Vietnamese Chicken . Pork hotdog . Vegetarian Hotdog. Tandoori paneer skewers. Vegetarian kofta skewer			X					X		X					
	Mixed Green Salad, Slaw, New Potato Salad, Pasta Salad			X					X							
Friday	Thai fish cake. Cucumber relish. Steamed rice. Battered fish. Chips. Baked Beans. Mushy Peas			X		X	X									X
	Creamy gnocchi with mushrooms and spinach			X						X						