

# This Week's Menu

Week Commencing 29<sup>th</sup> July 2024



| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|---|---|--|---|
| <p><b>Tomato &amp; Herb Soup</b><br/>home-made bread, seed &amp; croutons.</p>     | <p><b>Sweet Potato and Carrot Soup</b><br/>home-made bread, seeds &amp; croutons.</p> | <p><b>Pea &amp; Ham Soup</b><br/>home-made bread, seeds &amp; croutons.</p> | <p><b>Leek &amp; Potato Soup</b><br/>home-made bread, seeds &amp; croutons.</p>                | <p><b>Vegetable Soup</b><br/>home-made bread, seeds &amp; croutons.</p>                   |
| <p><b>Chicken Alfredo</b><br/>Served with fresh salad</p>                          | <p><b>Beef Tagine</b><br/>Served with herb couscous</p>                               | <p><b>Detroit Style Pepperoni Pizza,</b><br/>Served with fresh salad</p>    | <p><b>Pulled Pork Burrito Bowl</b><br/>Served with traditional accompaniments</p>              | <p><b>Masala Fish Flatbread</b><br/>Served on a khobez flatbread with kachumber salad</p> |
| <p><b>Tomato, caramelized onion and herb pasta</b><br/>Served with fresh salad</p> | <p><b>Broccoli and Sweet Potato Tagine</b><br/>Served with herb couscous</p>          | <p><b>Detroit Style Marinara Pizza,</b><br/>Served with fresh salad</p>     | <p><b>Black Eye Peas and Pepper Fajita Bowl</b><br/>Served with traditional accompaniments</p> | <p><b>Cauliflower and Chickpea Biryani</b><br/>Served with mango chutney</p>              |
| <p><b>HOT SNACK</b><br/>Ham carbonara pinwheels</p>                                | <p><b>HOT SNACK</b><br/>Beef koftes</p>   | <p><b>HOT SNACK</b><br/>Baja Fishcake</p>                                   | <p><b>HOT SNACK</b><br/>Cheddar Quesadilla with Pico de Gallo</p>                              | <p><b>HOT SNACK</b><br/>Courgette Pakora</p>  |



ADULTS NEED AROUND 2,000 CALORIES A DAY

If you would like information on which foods contain allergens please ask a member of the catering team who will be happy to help